

POWER BENCH

JBR-132

- ◆ The Power Bench makes it possible to train Flat, Incline and Decline bench press in a single unit.

- ◆ **DIMENSION:**
Length : 80 inches / 203cms
Width : 86 inches / 218 cms
Height : 56 inches / 142 cms

- ◆ **MUSCLE WORKED:**
Pectoralis Major
Anterior Deltoid
Triceps Brachii

